

COVID-Related FAQ Guide – March 2nd 2021

Please note that some of the measures below surpass the Toronto Public Health guidelines, as we strive to limit possible exposure in group care to the best of our ability.

Evaluating Children Who Present Symptoms During Screening or While in Care

PCH Educators will evaluate, in consultation with the Management Team, the following criteria to determine if isolation and exclusion is required:

- Information gathered from daily screening results.
- Baseline health factors.
- Information gathered from the family.
- Daily observations made by the Educators.
- Additional information provided by a Health Care Practitioner.

Factors to Determine if Isolation/Exclusion is Required

For a Runny/Stuffy Nose:

- Whether it is a new, worsening, and/or ongoing symptom (ex: if a child comes in from outdoor play and has a runny nose, and it goes away within 30 minutes of being inside and does not come back while the child is indoors – in this scenario this symptom would not classify as a new, worsening or ongoing symptom and would not require isolation/exclusion).

For a Cough:

- Whether it is a new, worsening, and/or ongoing symptom (ex: if a child coughs a couple of times and then the child does not cough again – in this scenario this symptom would not classify as a new, worsening or ongoing symptom and would not require isolation/exclusion).

**** Any new baseline health information not currently in a child's file would require a Doctor's note.**

**** When referring to "symptom(s)" in this document, this includes even mild or resolved.**

Definitions

Self-Isolate: When someone receives a letter to self-isolate, this is essentially treated as a public health order and they are meant to not leave their home for the duration of the time and quarantine themselves from their family/friends.

Stay Home: Do not attend PCH and only leave the house for essential reasons.

Child-Related Scenarios

Scenario 1: If the child has one or more symptoms and has not been exposed to COVID 19.

- The child must **SELF-ISOLATE** and get tested.
- The child can return to PCH when they have met **all** of the following criteria...
 - PCH has been provided with a negative result,
 - they are symptom free for 24 hrs without the use of medication,
 - they do not have a household member with one or more symptoms and
 - they pass the PCH screening checklist.
- Siblings would have to **STAY HOME** from PCH to ensure they remain symptom free and until the symptomatic child receives a negative result.

Scenario 2: If the child has been exposed to COVID 19 but does not have symptoms.

- The child must **SELF-ISOLATE** for **14 days** and get tested.
- Even if the test result is negative, the child must stay home from PCH for 14 days.
- The child can return to PCH when they have met **all** of the following criteria...
 - they have completed the 14-day isolation period,
 - PCH has been provided with a negative result,
 - they have no onset of any COVID related symptoms,
 - they do not have a household member with one or more symptoms and
 - they pass the PCH screening checklist.
- Siblings would have to **STAY HOME** from PCH for the **same** 14-day period.

Scenario 3: If the child has been exposed to COVID 19 and has symptoms.

- The child must **SELF-ISOLATE** for **10 days** and get tested.
- Even if test result is negative, the child must stay home from PCH for 10 days from when the symptoms began.
- The child can return to PCH when they have met **all** of the following criteria...
 - they have completed the 10-day isolation period,
 - PCH has been provided with a negative result,
 - they are symptom free for 24 hrs without the use of medication,
 - they do not have a household member with one or more symptoms and
 - they pass the PCH screening checklist.
- Siblings would have to **STAY HOME** from PCH for a 14-day period.

Scenario 4: If the child tests positive for COVID 19 and has symptoms.

- The child must **SELF-ISOLATE** for **10 days** from the onset of the symptoms.
- The child may return to PCH when they have met **all** of the following criteria...
 - they have completed the 10-day isolation period,
 - they are symptom free for 24 hrs without the use of medication,
 - they do not have a household member with one or more symptoms and
 - they pass the PCH screening checklist.
- Siblings would have to **SELF-ISOLATE** for at least **14 days**.

Scenario 5: If the child has one or more symptoms and is not tested.

- The child must **SELF-ISOLATE** for **10 days** from the onset of the symptoms.
- The child may return to PCH when they have met **all** of the following criteria...
 - they have completed the 10-day isolation period,
 - they are symptom free for 24 hrs without the use of medication,
 - they do not have a household member with one or more symptoms and
 - they pass the PCH screening checklist.
- Siblings would have to **STAY HOME** from PCH for **10 days**.

Scenario 6: If the child has one or more symptoms, has been exposed to COVID-19 and is not tested.

- The child must **SELF-ISOLATE** for **10 days** from the onset of the symptoms.
- The child may return to PCH when they have met **all** of the following criteria...
 - they have completed the 10-day isolation period,
 - they are symptom free for 24 hrs without the use of medication,
 - they do not have a household member with one or more symptoms and
 - they pass the PCH screening checklist.
- Siblings would have to **SELF-ISOLATE** for **14 days**.

**** In the event the symptomatic child has taken medication related to any COVID 19 symptoms in any of these scenarios, the child must be medication free for 48hrs before returning to PCH.**

Household Member-Related Scenarios

Scenario 1: If a member of the household has a symptom and has not been exposed to COVID 19.

- Any children in the household who attend PCH should **STAY HOME** and follow directions from Toronto Public Health.
- The child can return to PCH when they have met **all** of the following criteria...
 - the member of the household has provided PCH with a negative result,
 - the member of the household has been symptom free for 24 hrs, without the use of medication,
 - the child or any other household member has not developed any COVID related symptoms and
 - they pass the PCH screening checklist.

Scenario 2: If a member of the household has been exposed to COVID 19 and is not showing symptoms.

- Any children in the household who attend PCH must **STAY HOME** from PCH for **14 days**.
- The child can return to PCH when they have met **all** of the following criteria...
 - the member of the household who was exposed to COVID-19 has completed the 14-day isolation period, even if tested negative,
 - the member of the household has provided PCH with a negative result,
 - all children in the household who attend PCH have stayed home for 14 days,
 - the child or any other household member have no new onset of any COVID related symptoms and
 - they pass the PCH screening checklist.

Scenario 3: If a member of the household has been exposed to COVID 19 and is showing symptoms.

- Any children in the household who attend PCH must **SELF-ISOLATE** until the symptomatic member of the household has received a negative result.
- If required by Toronto Public Health, all children in the household would need to **STAY HOME** until the symptomatic member of the household has completed their self-isolation period.
- The child can return to PCH when they have met **all** of the following criteria...
 - all members of the household have completed the **SELF-ISOLATION** period until the symptomatic member of the household has received a negative result,
 - all children in the household who attend PCH, if required by Toronto Public Health, have **STAYED HOME** for the duration of the symptomatic member of the household's self-isolation period.
 - the symptomatic member of the household has provided PCH with a negative result,
 - the symptomatic member of the household has been symptom free for 24 hrs, without the use of medication,
 - the child or any other household member have no new onset of any COVID related symptoms and
 - they pass the PCH screening checklist.

Scenario 4: If a member of the household tests positive for COVID 19.

- Any children in the household who attend PCH must **SELF-ISOLATE** for **14 days**.
- The child may return to PCH when they have met **all** of the following criteria...
 - the symptomatic household member has completed the **10-day** self-isolation period from the onset of symptoms,
 - all children in the household who attend PCH have **SELF-ISOLATED** for the **14-day** period,
 - the symptomatic member of the household has been symptom free for 24 hrs, without the use of medication,
 - the members of the household have no new onset of any COVID related symptoms and

- they pass the PCH screening checklist.

Scenario 5: If a member of the household has one or more symptoms, has not been exposed to COVID 19, and is not tested.

- Any children in the household who attend PCH must **STAY HOME** for **10 days**.
- The child may return to PCH when they have met **all** of the following criteria...
 - the entire household has completed the **10-day STAY HOME period**,
 - the symptomatic member of the household has been symptom free for 24 hrs, without the use of medication,
 - the members of the household have no new onset of any COVID related symptoms and
 - they pass the PCH screening checklist.

Scenario 6: If a member of the household has one or more symptoms, has been exposed to COVID 19 and is not tested.

- Any children in the household who attend PCH must **STAY HOME** for **14 days**.
- The child may return to PCH when they have met **all** of the following criteria...
 - the entire household has completed the **14-day STAY HOME period**,
 - the symptomatic member of the household has been symptom free for 24 hrs, without the use of medication,
 - the members of the household have no new onset of any COVID related symptoms and
 - they pass the PCH screening checklist.